

Sunshine Girls Recipe for Fall

Pumpkin Crunch Cake

1 can (15 oz.) pumpkin puree
 1 can (12 fluid oz.) evaporated milk
 4 eggs
 1-½ cups white sugar
 2 Tsp. pumpkin pie spice
 1 Tsp. salt
 1 package (18.25 oz.) yellow cake mix
 1 cup chopped pecans
 1 cup margarine, melted
 1 container (8 oz.) frozen whipped topping, thawed

Preheat oven to 350 degrees. Lightly grease one 9x13 inch baking pan. In a large bowl, combine pumpkin, evaporated milk, eggs, sugar, pumpkin pie spice and salt. Mix well and spread into the prepared pan. Sprinkle cake mix over the top of the pumpkin mixture and pat down. Sprinkle chopped pecans evenly over the cake mix, then drizzle with melted margarine.

Bake for 60 – 80 minutes or until done. Top with whipped topping when ready to serve.

Second Annual Community Fun Day Troutville Town Park Saturday, Oct. 29th 2 - 5PM

**Food Vendors, Live Music Children's Activities
 Trunk or Treating begins at 5PM in the Park
 Children...come in costume for fun activities.**

FAMILY FUN FOR EVERYONE!!

Troutville Baptist Church, Troutville Church of the Brethren and Living Hope Fellowship are among the non-profit organizations who will host the Second Annual Family Fun Day at Troutville Park for Halloween.

The afternoon will be filled with children's activities, games, music, food vendors and much more. This event was more successful than ever imagined last year and we look forward to another great day this fall. Families can expect a safe alternative to trick or treating while spending time together in the park. There will be a costume contest again this year. We hope to see amazing costumes this year and have a wonderful costume parade around the park.

For information regarding this event, please contact Belinda Edwards of Troutville Baptist Church at edwardsb13@yahoo.com.



"Together for Troutville, Inc." FALL FUNDRAISERS

The Troutville Treasure Box is nearly full! Be sure to purchase a ticket this month for the drawing of this give-away. Items include:

- 1 night's stay with breakfast @ Troutville Holiday Inn Express
- 1 year subscription to Fincastle Herald
- Southern States coupon for \$100.00 towards fuel oil
- Lovely framed/signed Moss Print from Apple Barn II
- Gift certificates from Greenwood Restaurant, Willow Pod, Pomegranate, Cracker Barrel, Williams Lighting Galleries, Thriftway Foods, Old Dominion Veterinary Clinic and Greenway Market...

And Much, Much More!!!

Tickets can be purchased at Apple Barn II, Troutville Town Hall or call 819-6335.

ber 5th @ Troutville Church of the Brethren. Those interested in displaying a quilt of any size or any other unique quilted items. mav call Lee Minnix @ 819-6335.

Letter to the Editor

My name is Rebecca Kargman. I have 3 kids, a husband and some furry children. I live in Hollins, yet I gravitate to Botetourt County to do my shopping. I want to feed my family better so I have started buying from local farms this summer.

I found the Troutville Farmer's Market and have loved it. It is wonderful to have a relationship with the people who grow and raise your food. You know it is fresh and it wasn't shipped across the country or from somewhere outside the country. I feel good supporting my neighbors and the local economy as well. Shopping local helps everyone out.

The Farmer's Market has only been around for a couple of years, but from what I hear next year there may be a couple of new faces in the vendor booths. I love to be able to shop and my kids can play while I'm picking out what we are going to eat; what's even better is when they want to help me by picking something themselves - this is not always easy to do at a supermarket. Unfortunately the season for the market came to a close on September 24th. But I urge you to come out next year and check out what's happening at the Market, and have a relationship with those who grow your food.